

WEEKLY ASSIGNMENT

- Do the daily reading
- Meditate and pray daily
- Make time for connections
- Call someone you love
- Make a list of key support people and post it on your refrigerator. (Call each person in advance to see if they will agree to be a part of your support team.) Call them when needed and reach out for support. And no, do not email - call.
- Form a prayer partnership - have someone in your life that will continue to hold your vision for prosperity. You may want to continue meeting as a small group or pair off to pray with someone else.

HOW TO USE THE DAILY READINGS

Before beginning each reading, take time to clear your space. Light a candle and relax. Ask Spirit's guidance in a time of silence. This will help you be more open and receptive to these words of support. The readings are to support your shift in consciousness from "not enough" to realizing that you live in an abundant universe. After your reading, spend a few more moments in silence, allowing the words to soak in and rest easily in your consciousness. Then intend for the words to be with you throughout the day, supporting you in this new way of thinking. Remember that God's (Source's) will for you is good and these words of support are to deepen your awareness of this truth.

Optional: You can also listen to the suggested song for that day's reading to reinforce your new way of thinking.

Week 4: **CONNECTION**

Day 1: **CONNECTION**

Affirmation: I am connected to God.

Today I know my God connection and I am grateful. I sense God's presence in my life and know I am not alone. Everywhere I am, God is and I am connected. I prepare myself to see God's presence in my life and feel that connection all day. I am connected to God.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: Safe In Love by Ruth King

Day 2: **MOTHER EARTH**

Affirmation: I am connected to Mother Earth.

Today I know my connection to Mother Earth and I am grateful. I spend time today outside and notice all the beauty around me. I see how God provides for all creation through creation. I am a part of God's creation. I am nature itself. I do my part to care for the earth. I am connected to Mother Earth.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: God You Are by Daniel Mahmud

Day 3: **SELF**

Affirmation: I am connected to myself.

Today I am connected to myself and I am grateful. I know my soul and I listen to my soul's voice. My soul helps me live my purpose. I use my gifts and talents to help myself and support others. I am grateful for who I am. I am connected to myself.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: The Who I Am In Me by Darlene Koldenhoven

Day 4: **OTHERS**

Affirmation: I am connected with others.

Today I am connected with others and I am grateful. Others support, empower, and uplift me. I am connected with others that support my soul. I guide my life toward other souls on a spiritual journey. I support, empower, and uplift others through my thoughts, words, and actions. I am connected with others.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: Through the Eyes of Love by Devotion

Day 5: **NURTURE**

Affirmation: I nurture and care for myself.

Today I nurture myself with quiet times of prayer, healthy food, and rest. I care for myself by listening to my intuition. I trust God as I nurture and care for myself. I remind myself I am lovable. I am worthy. I nurture and care for myself.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: Do You Think About Me by Carrie Underwood

Day 6: **ABUNDANCE**

Affirmation: I am abundance itself!

Today I know my own abundance. I am connected to God, to Mother Earth, to myself, and to others. I know when I am connected. I know abundance and prosperity. There is enough for me. Abundance comes through me now. I am abundance itself!

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: This Time the Dream's On Me by Harry Connick, Jr.

Day 7: **CLARITY**

Affirmation: I see my world with clarity and vision.

Today I know my world is prosperous. My world is prosperous because I am prosperous. I have cleared my mind, body, and soul of old thoughts, beliefs, and behaviors. I see clearly the good God has for me. I am open and receptive to my good and seek to pour myself out as a blessing wherever I go. I am clear. I have vision. I see my world with clarity and vision.

I am guided and guarded by the Holy Spirit.

I am loved,

I am safe,

I am blessed.

Journal:

Suggested Listening: When the Land Belonged to God by Jack Gladstone